

Sunday 5 July – Fifth Sunday after Trinity

Collect

Almighty and everlasting God,
by whose Spirit the whole body of the Church
 is governed and sanctified:
hear our prayer which we offer for all your faithful people,
that in their vocation and ministry
they may serve you in holiness and truth
to the glory of your name;
through our Lord and Saviour Jesus Christ,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. Amen.

First Reading: Zechariah 9:9-12

⁹Rejoice greatly, O daughter Zion!

 Shout aloud, O daughter Jerusalem!

Lo, your king comes to you;

 triumphant and victorious is he,

humble and riding on a donkey,

 on a colt, the foal of a donkey.

¹⁰He will cut off the chariot from Ephraim

 and the warhorse from Jerusalem;

and the battle-bow shall be cut off,

 and he shall command peace to the nations;

his dominion shall be from sea to sea,

 and from the River to the ends of the earth.

¹¹As for you also, because of the blood of my covenant with you,

 I will set your prisoners free from the waterless pit.

¹²Return to your stronghold, O prisoners of hope;

 today I declare that I will restore to you double.

Psalm 145:8-15

- ⁸The Lord is gracious and merciful,
slow to anger and abounding in steadfast love.
- ⁹The Lord is good to all,
and his compassion is over all that he has made.
- ¹⁰All your works shall give thanks to you, O Lord,
and all your faithful shall bless you.
- ¹¹They shall speak of the glory of your kingdom,
and tell of your power,
- ¹²to make known to all people your mighty deeds,
and the glorious splendour of your kingdom.
- ¹³Your kingdom is an everlasting kingdom,
and your dominion endures throughout all generations.

The Lord is faithful in all his words,
and gracious in all his deeds.

¹⁴The Lord upholds all who are falling,
and raises up all who are bowed down.

¹⁵The eyes of all look to you,
and you give them their food in due season.

Second Reading Romans 7:15-25a*

¹⁵I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. ¹⁶Now if I do what I do not want, I agree that the law is good. ¹⁷But in fact it is no longer I that do it, but sin that dwells within me. ¹⁸For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. ¹⁹For I do not do the good I want, but the evil I do not want is what I do. ²⁰Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me.

²¹So I find it to be a law that when I want to do what is good, evil lies close at hand. ²²For I delight in the law of God in my inmost self, ²³but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. ²⁴Wretched man that I am! Who will rescue me from this body of death? ²⁵Thanks be to God through Jesus Christ our Lord!

Gospel: Matthew 11:16-19, 25-30

At that time Jesus said, ¹⁶“To what will I compare this generation? It is like children sitting in the market-places and calling to one another,

¹⁷“We played the flute for you, and you did not dance;
we wailed, and you did not mourn.”

¹⁸For John came neither eating nor drinking, and they say, “He has a demon”; ¹⁹the Son of Man came eating and drinking, and they say, “Look, a glutton and a drunkard, a friend of tax-collectors and sinners!” Yet wisdom is vindicated by her deeds.

²⁵I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; ²⁶yes, Father, for such was your gracious will. ²⁷All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

²⁸Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. ²⁹Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. ³⁰For my yoke is easy, and my burden is light.’